

TERRA MAR KITCHEN



Starters

Soup Du Jour	12	Mendo Greens (vg)	17
		Local Greens, Pennyroyal Laychee, Radish, Wilder Ferments Kombucha Vinaigrette	
Sweet Corn Bisque (vg, gf)	12	Chilled Roasted Summer Vegetables (vg, gf)	17
Basil Oil, Sea Bean Creme Fraiche		Cauliflower, Carrots, Summer Squash, Broccolini, Pistachios, Turmeric Mango Yogurt	
Kale Caesar (gfa)	15	Mushroom Toast (vg)	17
Pickled Red Onion, Boquerones, Sourdough Croutons, Caesar Dressing		Fort Bragg Sourdough, Wild Mushrooms, PennyRoyal Boont Corners, Pea Shoots	
Stone Fruit & Ricotta Toast (vg)	15	Local Catch Crudo (gf)	22
Ft. Bragg Sourdough, Stone Fruit, Whipped Lemon Ricotta, Pickled Peppers, Pea Shoots		Radish, Cucumber, Seabeans, Heirloom Tomato Gel, Rouille, Basil Oil, Crispy Garlic, Chili Oil	
Heirloom Tomato Caprese (vg, gf)	17	Tomales Bay Mussels (gfa)	22
Mendocino Tomatoes, Buffalo Mozzarella, Pesto, Balsamic Glaze, Basil Oil, Crispy Garlic		Lime Beurre Blanc, Pickled Peppers, Fort Bragg Rouille Toasts	
Hummus (vg, gfa)	15		
Turmeric Couscous, House Pita, Pickled Vegetables, Crispy Chickpeas, Chili Oil			

Entrees

Fettuccine Hongo (vg)	42	Bolognese	42
Mushrooms, Heirloom Tomatoes, Summer Squash, Clover Butter, Pecorino		Stemple Creek Beef, Pappardelle, Pomodoro Sauce, Pecorino	
Cioppino (gfa)	42	Lamb Shank (gf)	47
Local Catch, Mussels, Squid, Tomato Fennel Broth, Fort Bragg Rouille Toast		Creamy Polenta, Pennyroyal Boont Corners, Roasted Radish, Heirloom Carrot, Rosemary Jus	
Local Catch (gf)	47	Half Chicken (gfa)	47
Sweet Corn Puree, Castelvetrano Olive, Heirloom Tomatoes, Sea Bean Fennel Salad		Heirloom Tomato Panzanella Salad, Salsa Verde	
Vegan Summer Vegetable Napoleon (vg, gf)	37	Filet (gf)	57
Summer Squash, Heirloom Tomatoes, Vegan Pesto, Crispy Garlic		Stemple Creek Filet, Mosaic Potatoes, Market Vegetables, Date Steak Sauce	

(gf) – gluten free · **(gfa)** – gluten free available · **(v)** – vegan · **(vg)** – vegetarian

Please let us know of any dietary restrictions or allergies.

Consuming raw or undercooked eggs may increase your risk of foodborne illness.