



BREAKFAST

AVAILABLE 7 AM - 2 PM

The Early Bird Combo* - \$13 (gfa)

Early Bird Pricing until 11AM - \$14 after 11AM

(2) Home Farms Scrambled Eggs, Breakfast Potatoes, Fresh Fruit with Choice of Multigrain or Sourdough Bread

Add Tomato +2 Bacon +4

Broken Top Burrito - \$13 (gfa)

Breakfast Potatoes, Home Farms Eggs, Bacon, Shredded Cheese, Roasted Red Pepper & Caramelized Onion Jam.

Served with Housemade Roasted Tomato Salsa

Add Tomato +2 GF Wrap +2

Huevos Rancheros \$15 (gf)

(2) Home Farm Eggs, Corn Tortillas, Black Beans, Ranchero Sauce, Cilantro, Breakfast Potatoes, and Feta Cheese.

Served with Fresh Fruit

Add Tomato +2 Bacon +4

Real Deal Oatmeal - \$13 (v, gf)

Steel Cut Oats, Cinnamon-Cardamom Demerara Sugar, Coconut Milk, Fresh Berries, Flaxseed, Honey

Bagel Breakfast Sandwich* - \$13 (gfa)

Home Farm Egg, White Cheddar, Garden Greens, Caramelized Onion & Red Pepper Jam, Herb Aioli

Add Tomato +2 Bacon +4

Golden French Toast* - \$15

Sister's Bakery Sourdough Bread dipped in batter made from Home Farm Eggs, Coconut Milk, and Turmeric. Served with Maple Syrup, Powdered Sugar, and Fresh Berries.

Add Whipped Cream +1 Add Bacon +4 Add Egg +3

POWERBOWLS

Breakfast Power Bowl* - \$15 (va, gf)

(2) Home Farm Scrambled Eggs, Sautéed Spinach, Kale, Mushrooms, Tomato, Quinoa, Shredded Cheese, Ranchero Sauce

Country Scramble Bowl* - \$15 (gf)

(2) Home Farm Scrambled Eggs, Breakfast Potatoes, Green Bell Peppers, Spinach, Bacon, Shredded Cheese, Green Onions, Caramelized Onion & Red Pepper Jam

\$1 Discount for Dine In Orders

Please let us know if you have any dietary restrictions or allergies

LUNCH

Spiced Chickpea Wrap \$15 (v, gfa)

Roasted Spiced Chickpeas, Mixed Garden Greens, Tomatoes, Cucumber, and Feta

Add Chicken +4 Bacon +4 GF Wrap +2

Grilled Cheese and Soup \$16 (gfa)

Grilled Sister's Bakery Sourdough Bread with Four Cheeses. Served with a Cup of the Blackboard Soup of the moment.

Add Tomato +2 Bacon +4 Chicken +4

Turkey Bacon Club - \$16 (gfa)

Turkey, Bacon, Garden Greens, Heirloom Tomatoes, Tillamook White Cheddar, and Herb Aioli on Sisters Bakery Multigrain Bread. Served with a Dill Pickle

Reuben \$15

Pastrami, Swiss Cheese, Sauerkraut, And Thousand Island On Sisters Marble Rye. Served with a Dill Pickle

Grilled Chicken Pesto Melt \$14 (gfa)

Grilled Chicken, Pesto, Tomato, Tillamook White Cheddar, Mozzarella Cheese Served on Sister's Bakery Multigrain Bread. Served with a Dill Pickle

PNW Waldorf Wedge \$15 (gf)

Bib Lettuce, Apples, Celery, Dried Cranberries, Hazelnuts, Point Reyes Bleu Cheese, Greek Honey Yogurt Dressing

Add Bacon +4

Strawberry Spinach Salad \$15 (va, gf)

Spinach, Garden Greens, Dried Cranberries, Feta, Walnuts, Fresh Strawberries, Strawberry Vinaigrette

Add Chicken +4 Bacon +4

Blackboard Soup

Scratch made soup of the day

Cup - \$6

Bowl - \$10

(v) vegan **(va)** vegan available

(gf) gluten free **(gfa)** gluten free available

** Consuming raw or undercooked eggs may increase your risk of foodborne illness*



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SMOOTHIES

16 oz - \$11.75

24 oz - \$13.25

AM Brew

Almond milk or whole milk, banana, peanut butter, vanilla protein powder, and espresso

Peaches and Cream

Orange juice, coconut milk, peaches, vanilla protein powder, banana, chia seeds, and cinnamon

Redmond Summer Sunrise

Coconut milk, strawberries, peaches, lemon juice, banana, and vanilla protein powder

Elevate Your Mood

Almond milk, maca powder, banana, chocolate protein powder, almond butter, and hemp seeds

Sweet 'n Salty Dark Chocolate

Almond milk, banana, oats, chocolate protein powder, salt, peanut butter, and hemp seeds

Super Greens - *only available in 24 oz - \$14.25*

Almond milk, banana, apples, strawberries, blueberries, chia seeds, kale, and spinach

Anima Mundi Addons For Smoothies, Coffee, & Teas +\$4

Euphoria: Mood, Joy & Bliss

Belly Love: Debloat & Detox

Butterfly Pea Flower: Nervous System
Balance

Golden Moon Milk: Relax & Restore

Collagen Booster: Dirty Rose Chai

Golden Sun Milk: Awake & Focused

Liver Vitality Greens: Daily Cleanser

Happiness Herbal Coffee: Balance
Mood