

# **BREAKFAST**

The Early Bird Combo\* - \$14 (gfa)

(2) Scrambled eggs, rosemary breakfast potatoes, and fresh fruit with your choice of multigrain OR sourdough toast from Sisters Bakery

Add 2 Slices Bacon or a 4 oz Sausage Patty +4

The Redmond Broken Top Burrito\* - \$14 (gfa)

Rosemary breakfast potatoes, scrambled eggs, bacon, shredded cheese, roasted red pepper & caramelized onion jam. Served with housemade roasted tomato salsa

Add Diced Tomatoes +2 Gluten Free Wrap +2

Three-Fingered Jack Burrito - \$13 (v. gfa)

Vegan burrito with choice of rosemary breakfast potatoes OR maple sage sweet potatoes, black beans, tomatoes, spinach, white rice, and ranchero sauce

Bagel Breakfast Sandwich\* - \$14 (gfa)

Choice of bagel toasted, fried egg, white cheddar, spinach, tomato, caramelized onion & red pepper jam, herb aioli

Add 2 Slices Bacon or a 4 oz Sausage Patty +4

Breakwich\* - \$10

English Muffin, Herb Aioli, Cheddar Cheese, Fried Farm Egg Choice of Tomato, Bacon, or Sausage

Huevos Rancheros Bowl\* \$15 (gf)

(2) Scrambled eggs, sauteed spinach, corn tortilla strips, black beans, ranchero sauce, cilantro, rosemary breakfast potatoes, tomatoes, and feta cheese. Served with housemade roasted tomato salsa

Add 2 Slices Bacon or a 4 oz Sausage Patty +4

OG Oatmeal - \$13 (va, gf)

Steel-cut oats with cinnamon-cardamom, coconut milk, fresh berries, ground flaxseed, and honey **Add Banana +2** 

Fall 'N Oats - \$13 (v. qf)

Steel-cut oats with coconut milk, craisins, pepitas, cinnamon, and maple syrup **Add Banana +2** 

Golden French Toast\* - \$15

Sister's Bakery sourdough dipped in a batter made from eggs, coconut milk, and turmeric. Served with maple, powdered sugar, and fresh berries **Add Whip Cream +1** 

SCP Hummus Toast - \$14 (va. gfa)

One slice of toasted Sisters Bakery multigrain bread topped with housemade hummus, pickled red onions, cucumber, roasted red peppers, feta cheese, and garden greens

Add Tomato +2 Bacon +4 Sausage +4 Scrambled Egg +2

(v) vegan (va) vegan available (gf) gluten friendly (gfa) gluten friendly avail.

Please let us know if you have any dietary restrictions or allergies

\*Consuming raw or undercooked eggs or meats may increase your risk of foodborne illness

# **SANDWICHES**

Sandwiches served with a dill pickle

Falafel Veggie Sandwich \$16 (va)

Housemade falafel patty, cucumber, tomato, feta, garden greens, red peppers, pickled red onion, and herb aioli served on a bun

SCP Turkey Melt \$16 (gfa)

Turkey, bacon, spinach, tomato, Tillamook white cheddar, mozzarella & provolone cheeses, and herb aioli served on Sisters Bakery multigrain bread

Hot Pastrami Sandwich \$16 (gfa)

Pastrami, Swiss cheese, sauerkraut, and yellow mustard served on a bun

Add Whole Grain Mustard +0.5

Antipasto Melt \$15 (va, gfa)

Artichoke hearts, red peppers, tomato, pepperoncini, mozzarella & provolone cheeses, olive tapenade, and herb aioli served on Sisters Bakery multigrain bread

Add Salami +3 Sub Vegan Mozzarella +1

# **SALADS**

Make Your Salad a Wrap +1 Gluten Free Wrap +2

Fall Caesar - \$14 (va, gf)

Kale, brussel sprouts, mixed greens. radish, carrots, cucumbers, tomatoes, and croutons tossed in a traditional Caesar dressing (veg option upon request)

Add Chicken +4

Fall Harvest - \$14 (va, gf)

Mixed greens, spinach, roasted sweet potatoes, green apples, pecans, pepitas, craisins, and feta cheese tossed in a housemade honey Greek yogurt vinaigrette

Add Chicken +4

# **SIDES**

2 Slices Bacon or 4 oz Sausage Patty - \$4

Large Side of Fruit - \$4

Big-O-Bagel with Cream Cheese - \$5.50

Soup Cup - \$7 or Bowl - \$11

Grilled Cheese Sandwich - \$6



# **SMOOTHIES**

16 oz - \$11.75 24 oz - \$13.25

### **AM Brew**

Almond Milk or Whole Milk, Banana, Almond Butter, Rolled Oats and Espresso

### **Blueberry Muffin**

Almond Milk, Blueberries, Strawberries, Rolled Oats, Banana, Ground Flax Seed, and Cinnamon Available in Kid's Size 12oz

### **Redmond Sunrise**

Coconut Milk, Strawberries, Peaches, Lemon Juice, Banana, Rolled Oats, and Chia Seeds Available in Kid's Size 12oz

#### **Elevate Your Mood**

Almond Milk, Maca Powder, Banana, Chocolate, and Almond Butter. Topped with Hemp Seeds

### **Super Greens**

only available in 24 oz - \$14.25 Almond Milk, Orange Juice, Banana, Apples, Grapes, Strawberries, Chia Seeds, Kale, and Spinach

Add Organic, Vegetarian, Non-GMO Protein to Smoothies +\$1.50

Choice of Chocolate, Vanilla or Peanut Butter

# Add Anima Mundi Functional Herbal Blends to Smoothies +\$4

Happiness: Mood Balance
Euphoria: Mood, Joy & Bliss
Dirty Rose Chai: Collagen Booster
Golden Sun Milk: Awake & Focused
Golden Moon Milk: Relax & Restore
Butterfly Pea Flower: Nervous System Reset