

(v) vegan (va) vegan available (gf) gluten friendly (gfa) gluten friendly available

## **BREAKFAST**

The Early Bird Combo\* • \$14 (gfa)

(2) Scrambled eggs, breakfast potatoes, and fresh fruit with choice of multigrain or sourdough toast from Sisters Bakery

· Add 2 Slices Bacon or a 3 oz Sausage Patty +4.5

Broken Top Burrito\* • \$14 (gfa)

Roasted potatoes, scrambled eggs, bacon, shredded cheese. and roasted red pepper & caramelized onion jam with a side of housemade roasted tomato salsa · Gluten Free Wrap +2

Three-Fingered Jack Burrito • \$13 (v, gfa) Vegan burrito with breakfast potatoes, black beans, tomatoes, spinach, white rice, and ranchero sauce

Bagel Breakfast Sandwich\* • \$14 (gfa)

Choice of bagel, over-hard egg, Tillamook cheddar, spinach, tomato, caramelized onion & red pepper jam, and herb aioli

· Add 2 Slices Bacon or a 3 oz Sausage Patty +4.5

Breakwich\* . \$10

Choice of Tomato, Bacon, or Sausage served on an english muffin with Tillamook cheddar, egg, and herb aioli

Huevos Rancheros Bowl\* · \$15 (qf)

(2) Scrambled eggs, sauteed spinach, corn tortilla strips, black beans, ranchero sauce, cilantro, breakfast potatoes, tomatoes, and feta cheese. Served with housemade roasted tomato salsa

· Add 2 Slices Bacon or a 3 oz Sausage Patty +4.5

OG Oatmeal • \$13 (va, gf)

Steel-cut oats with cinnamon-cardamom, coconut milk, fresh berries, ground flaxseed, and honey

· Add sliced banana +2

Golden French Toast\* . \$15

Sister's Bakery sourdough dipped in a batter made from eggs, coconut milk, and turmeric. Served with maple, powdered sugar, and fresh berries • Whip Cream +1

# SIDES

2 Slices Hills Premium Bacon • \$4.5

3 oz DD Ranch Pork Sausage · \$4.5

Side of Fruit • \$4

Bagel + Cream Cheese · \$5.5

## **SANDWICHES**

Sandwiches and wraps are served with a dill pickle Gluten-free and Multigrain bread available at no additional charge

Mediterranean Wrap • \$15 (gfa, va)

Housemade hummus, leafy greens, cucumber, Greek olives, tomato, feta cheese, roasted red pepper & carmelized onion jam, and herb aioli on a flour tortilla · Gluten Free Wrap +2

Hungry Hiker • \$16 (gfa)

Turkey, bacon, leafy greens, tomatoes, Tillamook white cheddar, and herb aioli on Sisters Bakery sourdough

Antipasto Melt • \$15 (va. gfa)

Artichoke hearts, red peppers, tomato, pepperoncini, mozzarella & provolone cheeses, olive tapenade, and herb aioli served on Sisters Bakery sourdough

Add Salami +3 · Sub Vegan Mozzarella +1

Granny Brie Melt • \$14 (gfa)

Brie and white cheddar, granny smith apple, spinach, and balsamic glaze on Sisters Bakery sourdough

## SOUPS + SALADS

Add Chicken +4 · Grilled Cheese ala carte +6

House Made Soup of the Day . \$11

· Cup of Soup \$7

A satisfying bowl of our rotating housemade soup

Grilled Cheese and Soup • \$13 (gfa)

Cup of soup and grilled cheese sandwich served on Sister's Bakery Sourdough

Greek Caesar Salad • \$14 (gf)

Romaine, roasted red peppers, pepperoncinis, artichoke hearts, Caesar dressing, and feta cheese

Garden Salad • \$14 (v, gf)

· Half Size \$7

Mixed greens with cucumber, tomato, carrot, onion, and balsamic vinaigrette · Add Blue or Feta Cheese +3

# **LUNCH COMBOS**

Side Salad + Cup of Soup • \$13

Sandwich + Cup of Soup • \$18

Sandwich + Side Salad · \$19

Add Kettle Chips + 12oz N/A Drink • \$4.5

## **SMOOTHIES**

16 oz · \$11.75 24 oz · \$13.25



#### am brew

almond milk or whole milk, banana, almond butter, rolled oats and espresso

## blueberry muffin

almond milk, blueberries, strawberries, rolled oats, banana, ground flax seed, and cinnamon available in kid's size 12oz

#### redmond sunrise

coconut milk, strawberries, peaches, lemon juice, banana, rolled oats, and chia seeds available in kid's size 12oz

## elevate your mood

almond milk, maca powder, banana, chocolate, and almond butter. topped with hemp seeds

#### super greens

only available in 24 oz - \$14.25 almond milk, orange juice, banana, apples, grapes, strawberries, chia seeds, kale, and spinach

## chocolate mighty mint

almond milk, chocolate protein powder, banana, almond butter, peppermint, spinach, hemp seeds, and cacao nibs

# add anima mundi functional herbal blends \$4

happiness: mood balance euphoria: mood, joy & bliss dirty rose chai: collagen booster golden sun milk: awake & focused golden moon milk: relax & restore butterfly pea flower: nervous system

## add organic, vegetarian, non-gmo protein +\$1.50

choice of chocolate, vanilla or peanut butter