



(v) vegan
(va) vegan available
(gf) gluten friendly
(gfa) gluten friendly available

Please inform us of any dietary restrictions or allergies, thanks!

**Consuming raw or undercooked eggs or meats may increase your risk of foodborne illness*

Breakfast and Lunch served from open - close!

BREAKFAST

The Early Bird Combo* . \$14 (gfa)

(2) Scrambled eggs, breakfast potatoes, and fresh fruit with choice of multigrain or sourdough toast from Sisters Bakery

• **Add 2 Slices Bacon or a 3 oz Sausage Patty +4.5**

Broken Top Burrito* . \$14 (gfa)

Roasted potatoes, scrambled eggs, bacon, shredded cheese, and roasted red pepper & caramelized onion jam with a side of housemade roasted tomato salsa • **Gluten Free Wrap +2**

Three-Fingered Jack Burrito . \$13 (v, gfa)

Hearty vegan burrito filled with roasted sweet potatoes, black beans, vegan mozzarella, spanish rice, ranchero salsa, and spinach

Unity Breakfast Sandwich* . \$13 (gfa)

Unity Bread foccacia, over-hard egg, cheddar, spinach, tomato, caramelized onion & red pepper jam, and herb aioli

• **Add 2 Slices Bacon or a 3 oz Sausage Patty +4.5**

Classic Breakfast Sandwich* . \$12

Choice of **Tomato, Bacon, or Sausage** served on a Sister's Bakery english muffin with cheddar, egg, and herb aioli

Huevos Rancheros Bowl* . \$15 (gf)

Two corn tortillas layered with seasoned black beans, roasted sweet potatoes, sauteed spinach, fried egg, enchilada salas, and cheese - topped with feta, pico de gallo, and guacamole

• **Add Adobo Jackfruit, Bacon, or Sausage Patty +4.5**

OG Oatmeal . \$13 (va, gf)

Steel-cut oats with made with coconut milk and topped with fresh fruit, ground flaxseed, honey, and a sprinkling of cinnamon and cardamom • **Add Sliced Banana +2**

Golden French Toast* . \$15

Sister's Bakery sourdough dipped in a batter made from eggs, coconut milk, and turmeric - served with maple syrup, powdered sugar, and fresh berries

SIDES

2 Slices Hills Premium Bacon . \$4.5

3 oz DD Ranch Pork Sausage . \$4.5

Side of Fruit . \$4

Big O' Bagel + Cream Cheese . \$5.5

SANDWICHES + WRAPS

Sandwiches and wraps are served with a dill pickle
Gluten-free and Multigrain bread available at no additional charge

Chicken Caesar Wrap . \$16 (gfa, va)

Romaine lettuce, fresh parmesan, tomatoes, grilled chicken, and housemade caesar dressing on a flour tortilla • **Gluten Free Wrap +2**

Hungry Hiker . \$16 (gfa)

Turkey, bacon, farm fresh greens, tomatoes, white cheddar, and herb aioli on Sisters Bakery sourdough

Vegetarian Hummus Wrap . \$15 (va, gfa)

Farm fresh salad greens, housemade hummus, roasted sweet potatoes, and seasonal rotating farm vegetables

• **Gluten Free Wrap +2** • **Add Feta +2**

Granny Brie Melt . \$14 (gfa)

Brie and white cheddar, granny smith apple, spinach, and balsamic glaze on Sisters Bakery sourdough

Grilled Cheese Sandwich . \$7 (gfa)

Classic grilled cheese sandwich served on Sister's Bakery Sourdough

SOUPS + SALADS

House Made Soup of the Day

Cup . \$7 Bowl . \$11

A satisfying bowl of our rotating housemade soup - ask us about today's offering!

Garden & Grain Bowl . \$15 (gf)

Farm fresh salad greens and spinach with pickled onion, dressed quinoa, and fresh seasonal fruit

• **Add Feta Cheese +2** • **Add Chicken +4**

Farmstead Caesar Salad . \$14 (gf)

Farm fresh romaine and spinach with parmesan, tomatoes, and croutons, tossed with housemade Caesar

• **Add Chicken +4**

Market Garden Salad . \$14 (v, gf)

Farm fresh salad greens with cucumber, tomato, red bell pepper, onion, and balsamic vinaigrette on the side

• **Add Feta Cheese +2** • **Add Chicken +4**

LUNCH ADDITIONS

Half Caesar or Garden Salad . \$8

Kettle Chips + 12oz N/A Drink . \$5



SMOOTHIES

16 oz . \$11.75

22 oz . \$13.25

take your smoothie to-go in a reusable jar!

one-time jar deposit \$2 . \$1 discount each time you bring it back!

strawberry fields forever

coconut water, strawberries, lime, honey, chia seeds, vanilla protein

redmond summer sunrise

unsweetened coconut milk, strawberries, peaches, lemon juice, banana, rolled oats, and chia seeds

• **make it a smoothie bowl topped with chia seeds, housemade granola, and fresh fruit for \$14**

elevate your mood

unsweetened almond milk, maca powder, banana, chocolate, and almond butter - topped with hemp seeds

• **add a shot of backporch espresso +3**

super greens

only available in 22 oz - \$14.25

unsweetened almond milk, banana, apples, grapes, peaches, dates, lemon, mint, chia seeds, kale, and spinach

• **add anima mundi liver vitality +3**

peaches and cream

unsweetened coconut milk, orange juice, greek yogurt, peaches, pineapple, chia seeds, lemon, ginger, vanilla protein, and cinnamon

add anima mundi functional herbal blends \$4

happiness: mood balance

euphoria: mood, joy & bliss

dirty rose chai: collagen booster

golden sun milk: awake & focused

golden moon milk: relax & restore

butterfly pea flower: nervous system

add organic, vegetarian, non-gmo protein \$1.50

choice of chocolate, vanilla or
peanut butter

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