HOW TO PICK RIPE PRODUCE AT YOUR LOCAL FARMER'S MARKET. PG. 21

-

Colorado's leading lifestyle magazine

INSIDE: STEAMBOAT SPRINGS FOOD & WINE

FESTIVAL SPECIAL SECTION

# FROM PRAIRIE TO YOUR PLATE

We delve into the wonderful world of farm-to-table and uncover how your meal goes from ranch to kitchen to menu.

Urban Farmer's Chef Ryan Rau prepares a mouthwatering charcuterie board for guests. Full profile inside. Pg. 48

AUGUST 2021 LEASE DISPLAY UNTIL 09.05.2021 **\$4.95** 



### VIRTUAL KITCHENS

Three places to get great delivery no matter what your palate desires.

#### **COOKING CULTURE** Boulder's Vegan Fusion Culinary Academy becomes the first-of-its-kind.

#### **AEROPONIC FARMING** Denver's Altuis Farms creates delicious produce as well as environmental change.

exciting adventures & getaways

Wan



## The kind hotel

If you're looking for a place to stay that's aligned with your soul purpose—look no further. **Soul Community Planet (SCP) Colorado Springs Hotel** offers its "Holistic Hospitality" motto with a fresh and modern setting. Snug in the serene Pikes Peak region in Colorado Springs, you'll find a playground for the adventurous as well as various mind, body, soul offerings. "Colorado Springs is the perfect place for SCP because of the city's commitment to protecting the environment, preserving its natural resources, and reducing their carbon footprint," says Jessica Blotter, CEO & co-founder of Kind Traveler. The hotel is made from eco-friendly, locally sourced, non-toxic materials; and also gives back to those in need. "With Kind Traveler's Give + Get booking model, visitors receive exclusive rates and perks from curated Kind Hotels when they give a \$10 nightly donation to vetted charities in the communities they visit." **scphotel.com**